



NEWS

The SYV Senior Citizens' Foundation was founded to promote the common good and general welfare of the senior citizens and other members of the Santa Ynez Valley by providing nutritional, recreational, and transportation resources.

FYI...

So, after 38 years of faithful service, our beloved Shirley is calling it quits! Shirley has been on the board for as many years. The Buellton Senior Center wouldn't be what it is without her dedication to serving the Buellton area seniors. She and husband Charles have manned the Senior Center Thrift as well as the Annex, donating countless hours to our cause. Thing won't be the same without you. You have made this a better place, and we will continue to do the work you started. So please stop them if you see them around and say thank you! We love you and we'll see you around town!



DAILY

MONDAY-FRIDAY

Senior Lunch

Mon-Fri 11:30am

Lunch is open to the public.

Call by noon the day before for reservations... 805.688.4571

Prepared by Chef, Jim Nichols.

Fee: \$4 Dine-In & \$5 Delivery

View our monthly MENU online...

BuelltonSeniorCenter.org

WEEKLY

MONDAYS

11-3pm **Free Produce Day**

TUESDAYS

8:30am **Walking Club**

WEDNESDAYS

1-3pm **Knit and Crochet**

THURSDAYS

10am **Chair Exercises**

FRIDAYS

1-3pm **Bingo**

MONTHLY

Mandate Dinner

January 17th - 5:30-7pm. Free and open to everyone.

Lunch Buddies January 18th - Lure Restaurant in Santa Barbara Bus leaves @ 11am Refundable deposit of \$5 required for a spot.

Senior Dinner January 23rd - 5:30 pm Dinner provided by Alpha Pi Sorority.

Bunko 6:45 pm after dinner
Bingo Extra January 21st 1pm

THRIFT STORE

Mon-Sat 10am - 4pm
805.688.5073
56 West Hwy 246, Buellton

\$5 dial-a ride tickets for current members.

Come shop. Get involved as a volunteer. Donate your treasures to the store and help support the Buellton Senior Center.

Happy Birthday!

Rick Nichols 3
Bernice Small 12
Joe Jaramillo 12
Warren Lutz 16
Carol Shirline 20
Jim Butner 25

Please let us know if you're a member and not on this list!



LOAN CLOSET

Seniors can borrow basic medical equipment such as wheelchairs, walkers, crutches, canes, etc..

Donations appreciated and will ensure we can help the next family that is in need.

BUNKO, ANYONE?

Newcomers welcome! Never played, but would like to learn how? No problem, we'll teach you everything you need to know! Games are held after the monthly senior dinner. Bring \$5 and wear a smile! Meet new friends! You could go home a winner! Rides to and from the Senior Center are available. For more information, please call 714-7003.

SENIOR CENTER STAFF

Pam Gnekow
Executive Director

Jim Nichols
Assistant Director & Chef

Merrill Clayton
Senior Coordinator

Linda Linton
Volunteer Coordinator

Rosa Castillo
Gracie Love
Wanda Nelson
Alicia Perales

Thrift Store and more....

The Buellton Senior Center Thrift Store has lots of furniture that need a new home. Please go and see our wonderful volunteers and shop shop shop! So that being said, if you have furniture that is in good shape and has resell qualities, think about donating it to us, so we can find it a new home. Remember that all donations are tax deductible, and all sales go to help fund all of our senior programs.

Attention to all: The next Foodbank delivery will not take place until the 8th of January. They are closed through the new year, and there will be no produce available until the middle to end of the first week of January. Please feel free to check out our cooler and table for produce from Veggie Rescue. There is also bread on a daily basis on our front tables.

If you'd like to be added to the Centers email list to receive to receive updates and reminders about upcoming events and other upcoming Center related news, please send your email to susanmori2@aol.com. Please be sure to include your name and telephone number in your message.

BOARD MEMBERS

David Lehman, President
Dianne Day, Vice President
Bernice Small, Treasurer
Charlie Anderson, Secretary
Pam Gnekow, Executive Director
Shirley Anderson, Secretary
Ron Huber, Secretary
Susan Schwartz, Secretary
David Schwartz

At the Center:

As you do your online shopping, don't forget that Amazon.com donates a portion of sales to nonprofits. When you shop on Amazon, click on www.smile.amazon.com and pick Santa Ynez Valley Senior Citizens Foundation as your designated recipient. It won't cost you anything extra and 1/2% of your purchase will be sent to the Center. We are receiving money from Amazon, and would like to thank those who have contributed!





Lunch Menu

Fee: \$4 Dine-In, \$5 Delivery • 11:30am Seating •
 Call by noon the day before for reservation • 805.688.4571

January 2018					BUELLTON SENIOR CENTER • SYV SENIOR CITIZENS FOUNDATION				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
1) Closed For New Years Holiday	2) Chef's Choice	3) BBQ Chicken, Rice, Veggies	4) Chef's Choice	5) Bacon Cheeseburgers, Roasted Potatoes, Fruit					
8) Grilled Cheese Sandwich, Tomato Soup, Veggies, Chips	9) Chef's Choice	10) Chicken Marsala, Rice Pilaf, veggies	11) Chef's Choice	12) Chef Salad					
15) Roasted Pork Loin with Applesauce, Scalloped Potatoes, Veggies	16) Chef's Choice	17) Eggplant Parmesan, Linguine, Veggies	18) Chef's Choice	19) Sausage Lasagna, Veggies, Garlic Bread					
22) Jim's Birthday Surprise	23) Chef's Choice	24) Salisbury Steak, Mashed Potatoes, Veggies	25) Chef's Choice	26) Spaghetti and Meatballs, Veggies					
29) Ham and Cheese Sandwich, Soup and Salad	30) Chef's Choice	31) Beef Stew, Cornbread, Salad							



Coffee with the Director

BUELLTON SENIOR CENTER BLOG



January 2018,

Merry Christmas and Happy New Year,

We are so excited for next year. We get to start a new year with more food, more love and more fellowship.

I can't wait to see all the places we will go for Lunch Buddies.

We are so fortunate to have the City of Buellton letting us use the bus to take seniors on outings.

We are saying goodbye to Shirley and Charlie Anderson. We will get to see them on Friday's for meals on wheels delivery. I have been mentored and love by Shirley and Charlie for the last 10 years. I can't imagine having meetings, making decisions without them. They have the heart of servants and we can never thank them enough for all the years of service and dedication that they have given the center and me. Our thrift store would not be here except for the vision of Shirley. She knew we needed a way to sustain services for seniors and she made it happen. Shirley is a warrior angel. Shirley is my inspiration.

Shirley, thank you for being my friend, my mentor, and a spiritual force that is so powerful no one would mess with.

We will continue to make you proud of what you gave this community.

Blessings,

Pam